



MARCH 2024



WATERFORD SCHOOLS PRE-K BREAKFAST AND LUNCH

*** 1 daily Breakfast at "no cost"**
for all students this school year!
LUNCH \$3.25 MILK ONLY \$.75
 Milk choices: 1% White or skim

Monday

National "Surfs Up"
 School Breakfast Week
 March 4th-8th



Tuesday

Wednesday

Thursday

Friday

Please visit www.myschoolbucks.com to check balance and/or add funds to your child's account.

For the 23-24 school year, students qualified for **Reduced status** will receive breakfast and lunch at no cost

Early Riser Egg & Hash Brown Patty
 100% fruit juice Milk

Cheeseburger
 Oven fries
 Orange smiles Milk

Mini Eggo Waffles
 100% fruit juice Milk

Cheese Quesadilla
 Golden steamed Corn
 Milk

Breakfast pizza
 100% fruit juice Milk

Shamrock Mc Nuggets
 O'Smileys fries
 Green Broccoli Milk

Warm Banana Bread
 100% fruit juice Milk

Grilled Cheese Sandwich
 Potato puffs Diced peaches
 Milk

WG Muffin
Applesauce Cup Milk

Beef & Cheese Nacho Boat
 Mini corn muffin
 Fiesta beans Milk

WG Cereal Banana Milk

French Toast sticks
 Potato puffs Sausage links
 Milk

WG Cereal
Applesauce Cup Milk

"Yangs" Orange Chicken
 Brown rice
 Orange smiles Milk

WG Cereal Banana Milk

Chicken "drummies"
 Mashed potatoes
 Applesauce Milk

Egg & Cheese breakfast Sandwich
 100% fruit juice Milk

Pasta *with* meat sauce
 Steamed Broccoli
 Diced peaches Milk

Yogurt/ goldfish grahams
 Berry Cup Milk

Chicken Alfredo pasta
 Broccoli
 Diced peaches Milk

Mini French toast
 100% fruit juice Milk

Macaroni & Cheese
 Garden salad
 Diced peaches Milk

Mini Eggo Waffles
 Berry Cup Milk

Penne' Pasta & sauce
 Green beans
 Diced peaches Milk

Confetti pancakes
 100% fruit juice Milk

PT Conferences Early Dismissal
 Chicken nuggets
 Mashed potatoes
 Applesauce Milk

Confetti pancakes
 100% fruit juice Milk

Soft Beef & cheese Tacos
 Brown rice
 Diced pears Milk

Early Riser Egg & Hash brown patty
 Banana Milk

Chicken tenders
 Cucumber wheels
 Applesauce Milk

Breakfast pizza
 100% fruit juice Milk

Sun butter & jelly Sandwich
 Cucumber smiles
 Orange slices Milk

WG Cereal
Berry Cup Milk

Pizza square
 Garden salad
 Milk

Warm Banana Bread
Fresh banana Milk

Cheese Quesadilla
 Golden steamed Corn
 Milk

WG Muffin Banana Milk

Pizza square
 Green beans
 Applesauce milk

Mini Eggo waffles
 100% fruit juice Milk

Pizza Bites/sauce Cup
 Garden Salad/ Ranch Dressing
 Milk

School Holiday
No School

BREAKFAST Includes: 1/2 cup of fruit or 4 oz. 100% fruit juice and choice of Milk All grain-based items offered are whole-grain rich which means that at least 51% of the grains in the item are *whole grain (WG)*, all other grains are enriched

A VARIETY OF FRESH FRUITS & VEGETABLES OFFERED DAILY "Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness"
 Alternate LUNCH Choice Yogurt Meal available

Allergy Warning: Menu items may contain or come in contact with wheat, eggs, soy, nuts, and milk

***Menus are subject to change**

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